



# SPA HIBISCUS

*Making a beautiful difference*

## SERVICES MENU

### **“Spa Hibiscus- Making a beautiful difference”**

Hibiscus began its journey as a spa and wellness brand in 2008 as a flag bearer for affordable luxury in the Indian Spa and Salon industry. Within a decade, Hibiscus has become synonymous with integrity and innovative wellness approach in an ever-changing scenario. With several awards and accolades that affirm our commitment to the cause, we have grown and evolved over time.

Here we bring our sense of innovation and the concept of sustainable wellness, to provide a wide range of wellness services. Today, Hibiscus is a brand spanning across several locations in diverse formats like day spas, corporate hotels, wedding destinations, resorts, luxury residences and cruise ships in India. It is our vision to create and help create a world of wellness where each of us can live better and meaningful lives with reasonable and sustainable lifestyle changes.

Your well-being is at the heart of every thought and action that has gone into creating therapies and services at Hibiscus. Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or they are Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you, the power of choice- to choose as you deem necessary- whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

#### **Services using completely natural products**

We believe every human body has the power to heal itself naturally... Nature might not provide instant quick fix solutions, but its results are long lasting. We always test products for their short-term and long-term effects before we bring it to you. Our natural range is in line with this principle. You can choose to go natural when you are at Spa Hibiscus. The only thing you need is patience! We encourage you to live our belief and allow nature to work its magic on you.

#### **Services using market leading products**

We have carefully chosen and selected only the best market leading products. We have been very selective while choosing these brands, as we want to provide you the best. We have stayed away from giving you too many brands to choose from; we have done that homework on your part. More products create more confusion and are difficult to manage operationally by therapists. Since each product has a unique philosophy, mixing and matching doesn't work. Consequently, when we say that we bring you the best market leading products, we mean it!

**We welcome ‘You’ to the World of true Wellness - Welcome to Hibiscus.**

#### **Cancellation Policy**

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

#### **Restriction on the use of facilities**

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

#### **Disclaimer**

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

**All Prices are in Indian Rupees and are INCLUSIVE of all applicable government taxes.**

# HIBISCUS - SPA MASSAGES

## BODY MASSAGES

**Hibiscus Touch .....1250**  
**(30 Min.)**

Hibiscus Touch is a stress relieving massage for the head, neck and shoulders/ full back/ full legs which improves blood circulation and revives your energy.(This in not a full body massage and does not include steam or shower).

**Swedish Massage ..... 1850**  
**1 Hr. (45 Min. massage, 15 Min. steam)**

Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the muscles and eases tension. It uses long gliding strokes and is exceptionally beneficial for increasing the level of blood oxygen, decreasing muscle toxins and improving flexibility.

**Balinese Massage .....2050**  
**1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)**

Balinese massage is a full body, medium pressure, holistic treatment. It uses a combination of gentle stretches, acupressure, reflexology and aromatherapy to stimulate the flow of blood to bring a sense of well being, calm and deep relaxation.

**Deep Tissue/ Sports Massage .....2800**  
**1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)**

Deep tissue massage therapy is similar to Swedish massage but applies deeper pressure on the muscles. The focus is on the deepest tissues, ligaments and tendons, and the therapy aims to remove stiffness of the muscles and releases chronic muscle tension.

**Hibiscus Signature Massage .....3250**  
**1 Hr. 45 Min. (45 Min. massage, 15Min each Head & Face Massage, 15Min Foot Reflexology & 15 Min. steam)**

Hibiscus signature massage combines strokes of Thai massage and Swedish massage to create a truly relaxing and rejuvenating massage ritual. The ritual includes a face massage, foot reflexology and a head massage and is designed to relax the body, mind and spirit.

**Brightening Body Polishing .....2950**  
**(1 Hr.45 Min.)**

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes gentle massage, complete exfoliation followed by a nourishing body wrap.

**Anti Tan Body Polishing.....3750**  
**(2 Hr.)**

Special anti tan pack is applied before body polishing ritual to bring new life to complexion. Highly recommended for brides to be.



# HIBISCUS - BODY RITUALS

## BODY SCRUBS

**Rice Exfoliation..... 1150**

**(30 Min.)**

A gentle scrubbing process helps promote healthy skin with radiant complexion. A cream base scrub enriched with botanical extract of Papaya gently removes dead skin cells to make it smooth, soft and supple.

**Orange Scrub..... 1150**

**(30 Min.)**

Turmeric scrub with active Curcumins, using gentle scrubbing strokes, promotes flawless skin for an even skin tone and glow. A cream base scrub with Turmeric that is known for its skin lightening properties and is traditionally used in Ayurveda for Indian brides.

## BODY WRAPS

**Neem Healing..... 1150**

**(30 Min.)**

Help your skin heal with the benefits of time tested Neem. A hydrating wrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensitive or allergy prone skin. Free of harsh chemicals like parabens and bleach.

**Orange Wrap.....1150**

**(30 Min.)**

A natural body pack that uses orange peel powder and other herbs which help in toxin removal. This wrap nourishes and tightens the skin and is specially beneficial for oily skin.

**Aromatic Steam Bath .....550**

20 minutes of an aromatic steam using eucalyptus oil. This is beneficial for coughs and colds and detoxifies the body and increases immunity.

**Foot Reflexology.....1000**

**(45 Min.)**

Reflexology helps restore and maintain the body's natural equilibrium. In this ritual pressure is applied on the reflex zones of your feet which stimulate the central nervous system and induce a deep state of relaxation by eliminating toxins. This gentle therapy using acupressure; encourages the body to work naturally and restore its own healthy balance.



# NATURAL & AYURVEDIC RITUALS

## AYURVEDIC TREATMENTS

**Shiro Abhyangam .....750**

**(30 Min.)**

Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.

**Abhyangam .....2250**

**1 Hr. (45 Min. massage, 15 Min. steam)**

Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the energy cycles. The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.

**Udwarthanam .....2450**

**1 Hr. (45 Min. massage, 15 Min. steam)**

Udwarthanam is a combination of an exfoliation, massage therapy and is administered using a specially-prepared dry powder to improve blood circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.

**Shirodhara ..... 2950**

**(1 Hr.)**

This Ayurvedic treatment involves gentle pouring of herbal liquids onto the forehead from a hanging pot. This process is said to cure many diseases, relieves tension and improves general well-being.

**Kizhi / Potli ( Hot Herbal Compress) .....2450**

**1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)**

This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing Ayurvedic Herbs is dipped in medicated oils and softly pressed onto the affected areas. This therapy is effective for back pain, soreness and other soft inflammations especially joint pain.

## Ayurvedic Packages

**Ayurvedic Retreat..... 4250**

**1 Hr. 45 Min. (45 Min. Abhyangam + 45 Min. Udwarthanam, 15 Min. Steam)**

A complete retreat to rejuvenate your body mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam

**Ayurvedic Bliss.....4550**

**1 Hr. .30 Min. (45 Min. Abhyangam massage + 30 Min Shirodhara + 15 Min. Steam)**

A complete ritual to rejuvenate the body. The ritual starts with Shirodhara and is followed by a relaxing Abhyangam massage.

Weight loss and detoxification packages, customised as per individuals' needs, according to the PRAKRATI and physical, medical conditions, are available. Please consult the reception for details.





# NATURAL RITUALS

## NATURAL FACIALS

**Kumkumadi Facial.....2450**

**(1 Hr.)**

Gift yourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.

**Mukh Lavanya Facial..... 2450**

**(1 Hr.)**

This facial is for sensitive and acne prone skin. It is based on the ancient Indian philosophy of using medicated Ayurvedic oils for healing and balancing the skin, and it makes for a magical and nourishing experience.

**Panchagavya Facial .....3050**

**(75 Min.)**

Panchagavya is widely used in Ayurvedic medicines. It is a blend of five products including milk, curd, and ghee that have unique healing properties and aid in the complete detoxification and rejuvenation of the skin.

## NATURAL HAIR SPA

**Kesh Abha .....1350**

**(60 Min.)**

This natural hair treatment starts with a scalp massage using hair strengthening oil to stimulate your roots followed by a hair mask rich with herbs, thereby nourishing your scalp and hair. From roots to tips, your hair will thank you for this treat from nature.

## HANDS & FEET

**Padaveksha (Natural Foot Spa) .....1000**

**(1 Hr.)**

Neem Padaveksha is a unique, completely natural Ayana Ayurvedic treatment for feet. It not only deep cleanses, but also cures and helps fight fungal infections and allergies. It removes dead skin and increases blood circulation. This therapeutic procedure is free from chemicals and a soothing treat for your feet.

**Hastaveksha (Natural Hand Spa) .....950**

**(45 Min.)**

Neem Hastaveksha is a natural hand spa from Ayana Ayurveda. This Ayurvedic remedy uses salt scrub to gently exfoliate and also helps in removal of toxins. The neem oil nourishes the hands and also acts a good anti fungal agent.

## Add on with foot & Hand Spa

**Potli (Hot Herbal Compress) .....500**

**Heel Peel Treatment.....750**



# FACIALS

## For Normal / Dull / Dehydrated skin

**Deep Cleansing ..... 1350**

**Advance Cleansing.....1800**

**(40 Min.)**

Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities. The process include cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematic skin.

**Glow Facial..... 2450**

**(50 Min.)**

This is a simple facial for non-problematic young skin, which incorporates cleansing, a nourishing massage and finally a glow pack to give a glowing radiance to the skin.

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**Njavara Kizhi Facial.....3000**

**1 Hr.**

The Njavara Kizhi Facial is a traditional Ayurvedic treatment using Njavara rice, a special variety of rice rich in husk, transformed into a medicated paste and gently massaged onto the face. Combined with milk and other ingredients, this paste acts as an excellent cleanser and skin rejuvenator, effectively healing chapped and blemished skin. The miraculous Kumkumadi oil, known for its blend of twenty-five Ayurvedic herbs, enhances the treatment by improving skin tone, lightening the skin, minimizing blemishes, and providing deep hydration.

## For Pigmented/Tanned skin

**De-Tan Treatment.....2700**

**(1 Hr.)**

This advanced skin lightening treatment contains natural skin lightening agents and sun-screens that lighten the skin by many shades. The treatment uses a skin lightening serum, which gives the skin an instant glow and radiance.



# FACIALS

**Whitening Facial..... 3550**  
**(1 Hr.)**

Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun damaged and pigmented skin.

**Skin Lightening Facial..... 3950**

**Skin Lightening Facial with Peel..... 4550**  
**(1 Hr. 15 Min.)**

This advanced facials works wonders on uneven skin tone and deep rooted pigmentation. For instant glow combine with a peel for zero down time and instant radiance.

For Matured skin / Fine lines

**Anti Ageing Treatment .....3000**  
**(1 Hr.)**

The Advanced Anti-aging treatment reduces wrinkles and fine lines, firms facial skin and improves its elasticity, giving it a youthful look. It uses an anti-ageing serum, leaving you visibly younger.

**Lifting Treatment .....3600**  
**(1 Hr.)**

This specialized treatment uses lifting serums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the additional effect of skin lightening.

**Age defying Facial without Peel .....4000**  
**(1 Hr.)**

This advanced age defying facials uses lactic peel before a facial to take care of fine lines and gives skin an instant lift and tightening while also leaving it clearer. The facial further tightens and brightens skin and leaves you looking younger and glowing!

**Gold Facial.....3250**  
**(1 Hr.)**

## **For Sensitive or Acne prone Skin**

**Trouble Care Facial .....3950**  
**(1 Hr.)**

Trouble Care Facial improves complexion, reduces inflammation and boosts the skin's immunity and helps prevent future irritation. It keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances sensitive skin and makes it healthier.

**Purifying Facial ..... 2900**  
**(1 Hr.)**

An excellent facial for people who are often exposed to pollution. It gently cleans the skin removing the pollutants and free radicles, and a special oxygen mask brings the skin back to life leaving it clearer, smoother and more supple. Recommended for sensitive skin.



# SALON RITUALS

	Ladies	Gentlemen
Hair Wash L'Oreal	250	200
Wash & Conditioning L'Oreal	450	300
Wash & Conditioning Deluxe	550	400
Plain Dry	250	-
Wash & Conditioning with Blow Dry	750	250
Hair Cut	750	300
Hair Cut with Wash & Conditioning	1050	450
Henna	600	400
Shave	-	200
Baby Cut (Below 7 years)	350	250
Hair Dressing/Styling	-	500
Hair Ironing/ Tongs	750+	-

## HAIR COLORING/TEXTURING

Colour Application	1000	-
Root Touch Up ( Majirel)	1350	950
Root Touch Up ( INOA )/RUSK	1600	1250
Global Hair Coloring ( Majirel)	4000+	-
Global Hair Coloring (INOA)	5000+	-
Streaking ( Majirel)	550+	-
Keratin Treatment	5000+	-
Kera Smooth	8000+	-
Heena Application	1050+	500

## HAIR SPA

	Ladies	Gentlemen
<b>Kesh Abha.</b> 55 Min.	1350	1150
<b>L'Oreal Hair Spa .</b> 45 Min. A simple deep conditioning procedure done to smoothen dry hair & add lustre.	1550+	950+
<b>Hair Spa Treatments</b> 60 Min. A special ampoule/serum is used to treat a specific scalp or hair problem like, dandruff, hair fall or dry damaged hair.	2000+	1500+
<b>Advanced Treatments .</b> 60 Min. This super specialised treatment uses a either an advanced ampule or Keratin spa to treat specific scalp and hair problems.	2500+	2000+

## PEDICURE/MANICURE

	Ladies	Gentlemen
Cut and File hands / feet	150	
Cut, File and Polish hands / feet	250	
Change of Polish hands / feet	150	
Regular Pedicure	700	
Ayurvedic Pedicure	1000	
Foot Reflexology	1000	
Regular Manicure	600	
Anti-tan Pedicure	800	
Anti-tan Manicure	700	
<b>Add On:</b>		
Potli / Hot Compress	500	
Heel Peel Treatment	750	
Regular Manicure Pedicure Combo	1150	
Hand & foot Spa Combo with pack	1750	

## BLEACHING

Oxy	550
Olivia	450
Lawel Bleach Face and Neck	700
Oxy Bleach face and Neck	600
Olivia Bleach face and Neck	500
Face, Neck and Blouse line	700
Upper lip	100
Sides	200
Underarms	150
Half arms	350
Full arms / Half Legs	550
Full legs	800
Feet	200
Full Back/ Front	700
Body	2000
(+ Onwards)	
Cost will vary with hair length and thickness. Please consult reception before the service to know your exact cost.	
Extra ampule/spa cream chargeable @ 250 per ampule/scoop.	





# SALON RITUALS

## SKIN CARE

### THREADING

	Ladies	Gentlemen
Eyebrows / Sides	60	70
Upper lip /Forehead/Chin/Cheek	50	60
Full Face	200	-

### WAXING

	Ladies	Gentlemen
Upper lip / Chin	80	-
Sides	100	-
Face	200	300
Underarms	150	200
Half arms	350	350
Full arms / Half Legs	350	400
Full legs	450	550
Back/ Front (till blouse line)	400	450
Abdomen	350	450
Brazilian	1000	-
Full Waxing (Arms, legs & Underarms)	800	1200
Body Waxing	2000	2500

(does not include Brazilian & Face waxing)

### WAXING (CHOCOLATE/OIL BASED WAX)

	Ladies	Gentlemen
Upper lip / Chin	100	-
Sides	100	-
Face	350	450
Underarms	250	300
Half arms	400	500
Full arms / Half Legs	600	700
Full legs	800	900
Back / Front	750	900
Abdomen	750	800
Brazilian	1250	-
Full Waxing (Arms, legs & Underarms)	1600	1800
Body Waxing	3000	3500
Half back	400	450

(does not include Brazilian & Face waxing)

## LADIES SPECIAL

### Basic Make over Package .....2650

Choose any four services  
(Haircut, Waxing, Head Massage, Face Bleach, Advance Deep  
Cleansing, Pedicure, Manicure, Henna) Complimentary  
Eyebrows & Upper lip Threading.

Validity-One visit.

### Luxury Make over Package.....4650

Choose any four services  
(Haircut, Chocolate Full Waxing, Head Massage, Face Bleach,  
Deluxe Facial (upto Rs. 3000), Hand Spa & Foot Spa, Henna)  
Complimentary Eyebrows & Upper lip Threading.  
Validity-One visit.

### Men's Make over Package

#### Choose any three services.....1550

#### Choose any four services.....1950

(Haircut, Beard or shave, Delan, Pedicure, Head Massage,  
Cleanup or Root Pouch Up).  
Validity One visit.

## PACKAGES

### EXPRESS PRE BRIDAL PACKAGE..... 8000

Includes one sitting of the following - Threading (Eyebrows,  
Upperlip), Waxing (Arms, Legs, Underarms), Bleach (Face, Neck  
& Blouse Line), Manicure, Pedicure, L'Oreal Hair Spa, De Tan  
Facial &  
Body Polishing and expert consultation on hair and skin.

### Bridal Aura Package ..... 10000

Includes one sitting of the following - Threading (Eyebrows,  
Upperlip), Waxing (Full Body), Bleach (Face, Neck & Blouse  
Line), Hand Spa, Foot Spa, L'Oreal hair spa, Advanced  
cleansing, Whitening Facial & Body Polishing and expert  
consultation on hair and skin.

### Pre Bridal Ritual .....16000

Includes - Threading (Eyebrows, Upperlip), Waxing (Full Body  
chocolate), Bleach (Face, Neck & Blouse Line), Hand Spa ,Foot  
Spa, L'Oreal hair treatment, Full body Exfoliation, D tan body  
Polishing,  
Whitening facial, Skin lightening facial, expert consultation on  
hair, bridal makeup trial.

### Grooms Package .....6000

Includes one sitting of the following - D tan bleach face and  
neck, Whitening Facial, Foot Spa, Hand Spa, Body Polishing,  
Hair Cut and Styling and consultation on hair and skin.



# SALON RITUALS

## MAKE UP

**Light Party Make Up .....3500+**

Includes light Make-Up with Hair-Do.

**Party Make Up / HD Airbrush .....5000+**

Includes light Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

**Engagement / Reception Make Up .....11000**

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

**Engagement / Reception Airbrush Make Up ..13000**

Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

**Bridal Make Up .....15000**

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

**Bridal Airbrush / HD Make UP .....20000**

Includes complete Bridal Make-Up with Hair-Do, Saree/Dress Draping & Change of polish.

**Eye Make Up / Base .....1200**

**Saree Draping .....500**

## Hibiscus Membership

**Roselle Membership\* .....10000**

Rs. 12000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people.  
Validity-One year.

**Hibiscus Membership\* .....20000**

Rs. 25000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people.  
Validity-One year.

**Family Membership\* .....30000**

Rs. 40000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of four people.  
Validity-One year.

**Ayurveda Membership\* .....30000**

The Ayurvedic package offers Rs. 45,000/- worth of various valuable services. It consists of Rs. 40,000/- cost of Ayurvedic Therapies as mentioned in the menu, along with two doctor consultations valued at Rs. 3,000/- and a comprehensive diet chart provided by the Ayurvedic Doctor, worth Rs. 2000  
Validity-6 months.

\*Packages and special offers / discounts can not be clubbed with any membership.



# SPA HIBISCUS

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Canada, Zambia, Oman, Luxury Cruise Ships, Delhi (Mayur Vihar, Shahadara, Vasant Vihar, Connaught Place), Greater Noida, Gurugram  
Jaipur, Hisar, Agra, Zirakpur, Chandigarh, Kasauli, Shimla, Mussoorie, Junagadh, Jaisalmer, Pune, Mumbai, Goa, Hyderabad, Bengaluru

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