# tamãya <sub>by</sub> SPA HIBISCUS

SERVICES MENU

HIBISCUS WELLNES

### Tamaya means 'where the soul resides'!

Where there is ultimte peace, no worries, no negaativi, no illness, no darkness just wellness, serenity and pure bliss! Tamaya by Hibiscus, is a holisticwellness concept, where we take you on an inward journey. At Tamaya, by Hibiscus, we bring our sense of innovaatioand the concept of sustainable wellness to provide a wide range of wellness services. Your well-being is at the center of every thought and action that has gone into creatingtherapies and services at Tamaya.

Each of the products we choose are tested to match our stringent standards whether they are market acknowledged brands or they are Ayurveda based therapies or our own hand blended Natural products. We are proud to consistently present to you, the power of choice- to choose as you deem necessary- whether you choose to use market leading brands for immediate results or the long term benefits of Natural products. We are with you at every step of well-being.

#### Services using completely natural products

We believe every human body has the power to heal itself naturally. Nature might not provide instant quick fix solutionsbut its results are long lasting.Our well researched and cruelty free tested products are in sink with the principle 'Mother Earth the Super Healer'. We always test products for their short-term and long-term effects before we bring it to you. You can choose to go natural when you are at Tamaya Spa. The only thing you need is patience! Allow us to make you experience the mysstiand magical healing of our organic natural handmade products.

#### Services using market leading products

We have carefully chosen and selected only the best market leading products. We have been very selectie while choosing these brands, as we want to provide you the best. We restrained our self from giving you too many brands to choos from. We have done the authenticityand market research on our end and bring you the most professionally trusted and evaluated brand. Consequently you can impetuously go with the menu suggested products to give you stress free and crystal clear selection of product.

# We welcome 'You' to the World of true Wellness - Welcome to Tamaya, by Hibiscus.

### **Cancellation Policy**

Cancellation or no shows within six hours will incur 100% charges. Please keep in mind that arriving late for a service may require us to shorten the length of the treatment, with full charges applied, so as not to inconvenience other guests.

# **Restriction on the use of facilities**

Guest under the influence of alcohol, high energy drugs and medications will not be allowed to use the spa and avail of treatments. No eatables will be allowed inside the spa. The spa is strictly a non smoking area.

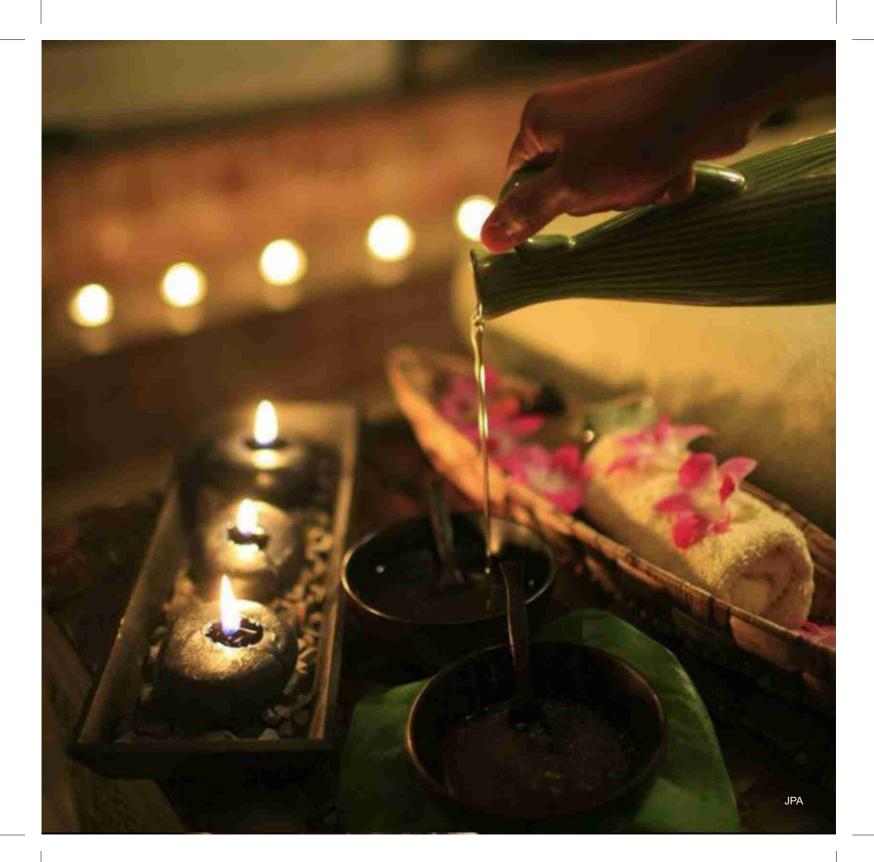
# Disclaimer

Although we have taken utmost care in selecting and controlling ingredients, we cannot guarantee against allergic reactions. If you have any previous experience of any allergic reactions please inform the reception immediately. We shall not be liable for any accident or injury suffered by a member or guest. Please note that we cannot be held responsible for any loss or damage to personal articles. We urge you to keep all valuables in the locker and remember to take them all before leaving.

# TAMAYA - SPA MASSAGES

# **BODY MASSAGES**

Tamaya Touch	
30 Min.	
Tamaya Touch is a stress relieving massage for the head, neck and shoulders/ full back/ full legs whi	ch improves blood circulation and revives
your energy.(This in not a full body massage and does not include steam or shower.)	
Swedish Massage	
2950	
1 Hr. (45 Min. massage, 15 Min. steam)	
Swedish massage is a relaxing, medium pressure massage that works on the superficial layers of the	
gliding strokes and is exceptionallybeneficial for increasing the level of blood oxygen, decreasing me	uscle toxins and improving flexibility.
Balinese Massage	3450
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)	
Balinese massage is a full body, medium pressure, holistictreatment. It uses a combinaatioof gentle	
aromatherapy to stimulte the flow of blood to bring a sense of well being, calm and deep relaxaxation	on.
Deep Tissue/ Sports Massage	
·····	3750
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)	
Deep tissuemassage therapy is similar to Swedish massage but applies deeper pressure on the musc	
ligaments and tendons, and the therapy aims to remove stiffnesof the muscles and releases chronic	muscle tension.
Abhyangam	3750
1 Hr. (45 Min. massage, 15 Min. steam)	
Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of	of blood and also build the immunity of the
body to fight against seasonal changes. In fact, it is recommended as the first treatment in Pancha	akarma, thanks to its ability to retune the
energy cycles.	
The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and	vitality.
Kizhi / Potli ( Hot Herbal Compress)	
	1 Hr. 15 Min. (1 Hr. massage, 15
Min. steam)	
This nourishing technique alleviates the pain in strained body parts and targets sore muscles and jo	
Ayurvedic Herbs is dipped in medicated oils and softlypressed onto the affected areas. This therapy other her soft inflammaationespecially joint pain.	is effettee for back pain, soreness and
Tamaya Signature Massage	4250
1 Hr. 45 Min. (45 Min. massage, 15 Min each Head & Face Massage, 15 Min Foot Reflex	
Tamaya signature massage combines strokes of Thai massage and Swedish massage to create a trul	
The ritual includes a face massage, foot reflexology and a head massage and is designed to relax th	e body mind and spirit
All Prices are in Indian Rupees and are EXCLUSIVE of all applicable Gove	rnment taxes.



# TAMAYA - SPA RITUALS

# **BODY SCRUBS AND WRAPS**

All our Scrubs and wraps are free of harsh chemicals like paraben, bleach and free from plasticbeads and enriched with Vitamin E.

#### 

A gentle scrubbing process helps promote healthy skin with radiant complexion. This scrub enriched with brown rice and rose petal gently removes dead skin cells to make it smooth, softand supple.

# **Orange Glow Scrub**

# 

### (30 Min.)

Indulge yourself in the luxury of a chocolate scrub that exfoliates and polishes, to promote healthy smooth skin and pampers your senses. A cream base scrub with the power of Cocoa works as a gentle exfoliator along with anti-aeing benefits, maintaining moisture levels.

### Neem Healing.....

#### 2050 (30 Min.)

Help your skin heal with the benefits of timtested Neem. A hydraratiwrap with the medicinal value of Neem and natural clays formulated to reduce excess oil and counter the effects of dirt and dust. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is specially beneficial for sensite or allergy prone skin.

Citrus Wrap	 	2050
(30 Min.)		

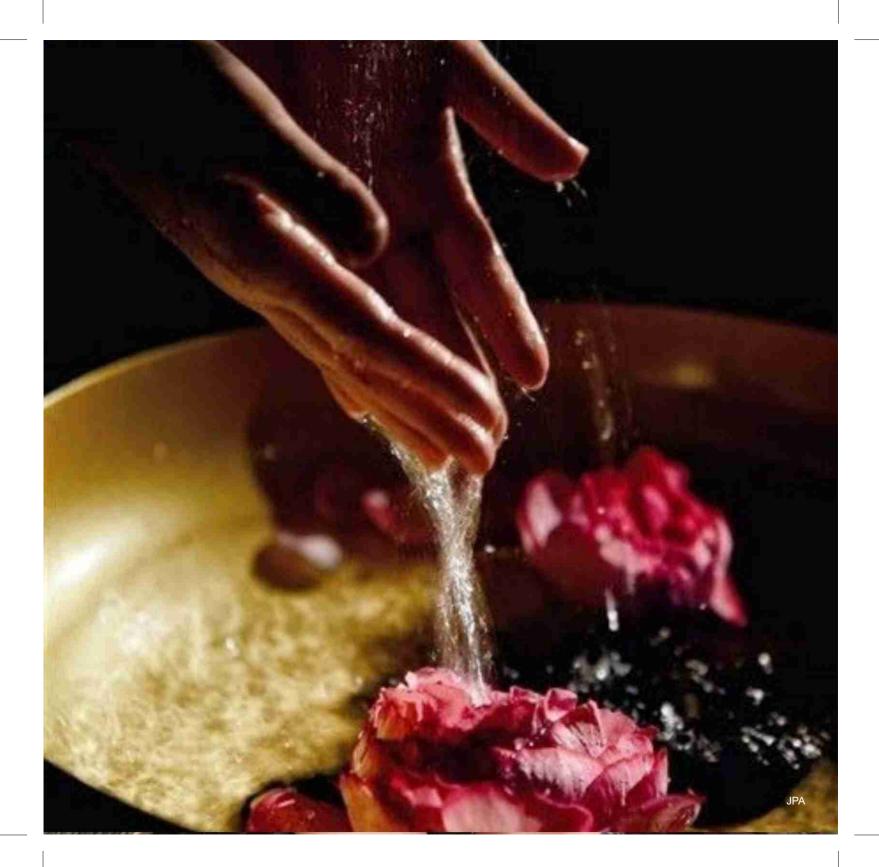
A nourishing wrap with the medicinal value of orange and natural clays formulated to smoothen and soft. This wrap detoxifies, invigorates and reduces blemishes, leaving the skin clear and silky smooth. This is beneficial for all kind of skin and specially for dry skin.

Chocolate Ecstasy			
(30 Min)			Alter Maller 1

Wrap yourself in the cocoon of luxurious Chocolate wrap and reap the benefits of clays and the caring cocoa. Step out with firmer, smooth skin along with excellent oil balance. Chocolate acts as a good moisturiser and sofen the skin leaving a luminous glow. Excellent for dry skin.

Brightening Body Polishing	
1 Hr.45 Min.	

Body polishing is like a facial for the body that completely exfoliates and hydrates the skin and gives the perfect shine and smoothness. The procedure includes full body exfoliation followed by a gentle massage, and finally a nourishing body wrap.



# AYURVEDIC RITUALS

Shiro Abhyangam
(30 Min.)
Shiro Abhyangam (Ayurvedic head massage) focuses on your head, neck & shoulder. It is a deep oil massage which uses a variety of pressure
and Marma techniques that tap into your path of energy and encourages healing and balance in the whole body.
Abbum 2750
Abhyangam
1 Hr. (45 Min. massage, 15 Min. steam)
Abhyangam is an Indian Ayurvedic therapy to strengthen the bones and joints, regulate the flow of blood and also build the immunity of the body to fight against seasonal changes. In fact, it is recommended as the first treatment in Panchakarma, thanks to its ability to retune the
energy cycles.
The benefit of taking Abhyangam is that it improves blood circulation, longevity, better sleep and vitality.
Udwarthanam
1 Hr. (45 Min. massage, 15 Min. steam)
Udwarthanam is a combination of an exfoliation, massage therapy and is administered using a specially-prepared dry powder to improve blood
circulation and treat numbness of the limbs. In Udwarthanam, dry herbal powder is applied as a scrub all over the body. This treatment also
exfoliates the skin to give a toned and firm look, and is effective in reducing body fat. This is commonly known as the slimming massage.
Shirodhara
(60 Min.)
This Ayurvedic treatment involves gentle pouring of herbal liquids onto the forehead from a hanging pot. This process is said to cure many
diseases, relieves tension and improves general well-being.
Kizhi / Potli ( Hot Herbal Compress)
1 Hr. 15 Min. (1 Hr. massage, 15 Min. steam)
This nourishing technique alleviates the pain in strained body parts and targets sore muscles and joints. A heated cloth bolus containing
Ayurvedic Herbs is dipped in medicated oils and softlypressed onto the affected areas. This therapy is effeffee for back pain, soreness and
other her soft inflammaationespecially joint pain.
Ayurvedic Packages
Ayurvedic Retreat
1 Hr. 45 Min. (1Hr. 30 Min. massage, 15 Min. steam)
Abhyangam + Udwarthanam +Steam
A complete retreat to rejuvenate your body mind and soul. The package consists of 45 minutes of Udwarthanam followed by Abhyangam.
Ayurvedic Bliss
1 Hr30 Min. (45 Min. Abhyangam massage + 30 Min Shirodhara + 15 Min. Steam)
A complete ritual to rejuvenate the body. The ritual starts with Shirodhara and is followed by a relaxing Abhyangam.



# NATURAL RITUALS

# **NATURAL FACIALS**

Kumkumadi Facial
Giftyourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.
Panchagavya Facial
Panchagavya is widely used in Ayurvedic medicines. It is a blend of five products including milk, curd, and ghee that have unique healing
prroperties and aid in the complete detoxificaatioand rejuvenanatiof the skin.
NATURAL HAIR SPA
Kesh Abha
(55 Min.)

This natural hair treatment starts with a scalp massage using hair strengthening oil to stimulte your roots followed by a hair mask rich with herbs, thereby nourishing your scalp and hair. From roots to tips, your hair will thank you for this treat from nature.

# NATURAL HAIR COLOUR

# **HANDS & FEET**

Natural Foot Spa	750

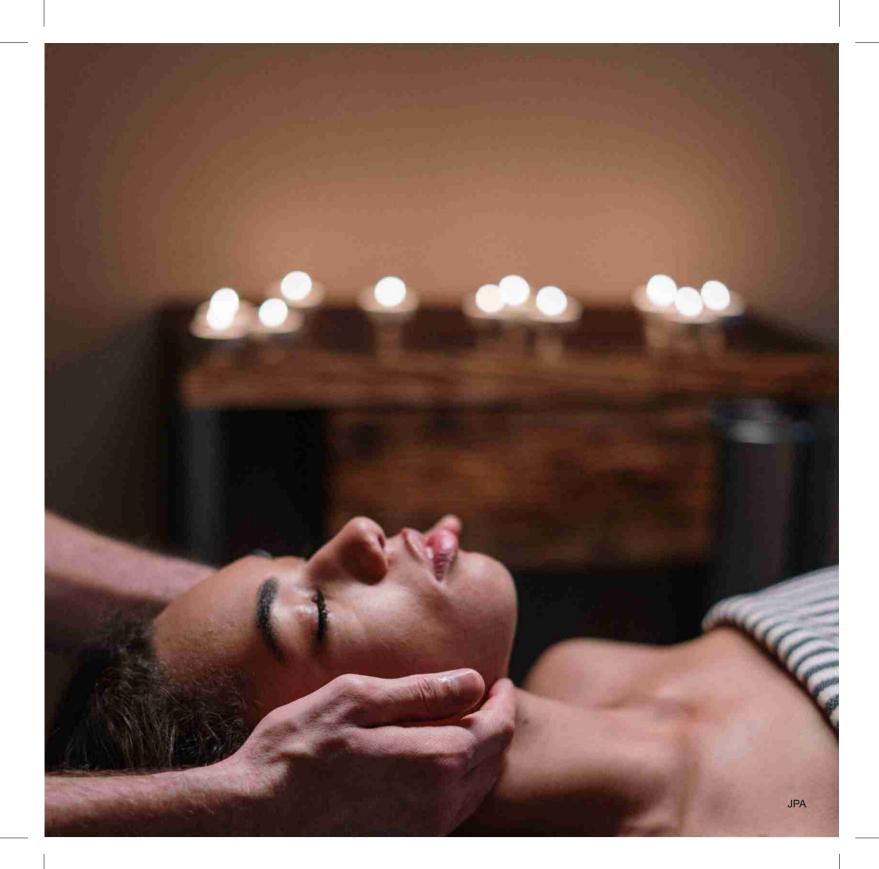
#### (1 Hr.)

Treat your tied feet to our all Natural Foot Spa. Although this ritual has all the ingredients of a pedicure, it combines the natural touch of a spa leaving your feet light, clean & beautiful.It uses a salt soak to detoxify your feet our natural brown rice scrub to gently exfoliate, and finally a massage with Neem oil followed by Neem pack to nourish and pamper your pedestals.

Natural Hand Spa	
(45 Min.)	

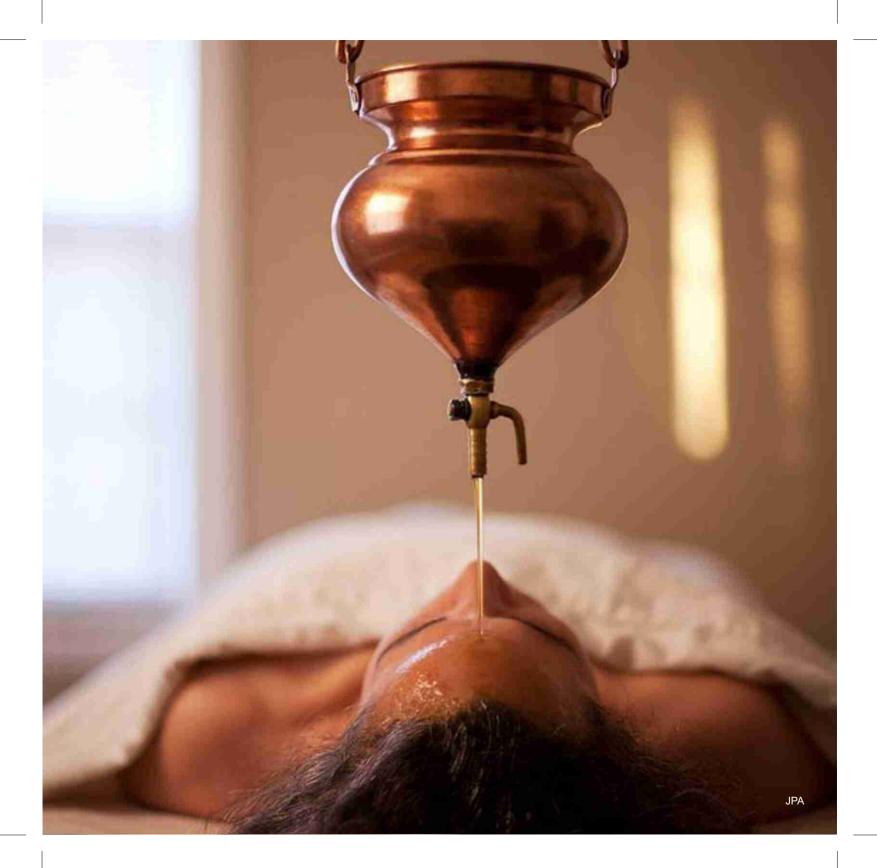
This Natural Hand spa is an excellent substitue for regular manicure. Let nature work on your hands - detoxify them with a warm salt soak, and then gently exfoliate them with our natural hand scrub. Follow this with our nourishing oil massage and finally a herbal pack to finish in style. You now have softglowing hands and ready to face the world!

Add on with foot & hand spa	
Potli (Hot Herbal Compress)	
Heel Peel Treatment	



# FACIALS

For Normal / Dull / Dehydrated skin
Deep Cleansing
40 Min.
Deep cleansing is an exfoliating treatment that help you go free from dead skin cells and impurities The process include cleansing, exfoliation followed by a pack, leaving the skin completely fresh. Recommended for normal and non-problematicskin.
To now cu by a pack, leaving the skin completely mean. Recommended for normal and non-problematicskin.
Kumkumadi Facial
1Hr.
Giftyourself the luxury of nature. A detoxifying and lightening facial using specially formulated scrub and magical Kumkumadi oil to provide
complete care. The facial oil is made with twenty five Ayurvedic herbs that were used to improve skin tone, lighten the skin, minimise blemishes and hydrate the skin.
Panchagavya Facial
75 Min.
Panchagavya is widely used in Ayurveda Medicines. It is a blend of five products including milk, curd, and ghee that have unique healing
prroperties and aid in the complete detoxificaatioand rejuvenanatiof the skin.
For Pigmented/Tanned skin
Whitening Facial
1Hr.
Whitening brings back uniform skin radiance working against dark and irregular pigmentation. Recommended for uneven tone, sun damaged and pigmented skin.
For Matured skin / Fine lines
LiftingTreatment
1Hr.
This specialized treatment uses liftingserums to visibly reduce fine lines, and works on the lower layers of the skin. Also has the
additionaleeffect of skin lightening.
For Sensitie or Acne prone Skin
Trouble Care Facial
4250
1 Hr. Trouble Care Easial improves complexion, reduces inflamatioand beasts the skin's immunity and helps provent future irritatetialt keeps the
Trouble Care Facial improves complexion, reduces inflamaatioand boosts the skin's immunity and helps prevent future irritatatiolt keeps the skin clean for longer duration. Recommended for shiny, oily, acne skin and specific problems. Balances s sensie skin and makes it healthier.
skin electricition for beneficial and the shifty, only, dere skin and specific problems, buildness stellste skin and makes it freathlet.



# SALON RITUALS

HAIR SERVICES	Ladies	Gentleme
Hair Wash / Conditioning	450	350
Straight Dry	450	250
Blow Dry	950	350
Blow Dry with settin	600	-
Wash & Conditioningwith Plain Dry	850	550
Wash & Conditioningwith Blow Dry	1250	750
Hair Cut	800	450
Hair Cut with Wash & Conditioning	1250	750
Henna	950	450
Shave	· -	250
Baby Cut (Below 7 years)	450	
Hair Dressing/Styling (Short Length)	1500	550
(Medium Length	) 2000	
(Long Length	) 3000	-
Hair Ironing/ Tongs (Short Length	) 1500	-
(Medium Length	•	
(Long Length	) 3500	-
HEAD MASSAG ES		
Coconut Oil	950	750
Olive Oil	1050	900
Shiro Abhyangam	1250	1250
HAIR COLOURING/TEXTU RING		

Natural Henna based hair colour	2450	2250
Root Touch Up ( Majirel)	2250	2050
Root Touch Up (INOA ) /RUSK	2650	2250
Global Hair Coloring (Majirel) (Short Length)	7000	- <i>-</i> 24
(Medium Length)	9000	-
(Long Length)	11000	
Global Hair Coloring (INOA) (Short Length)		- 1
(Medium Length)	1150	//
(Long Length)	13500	-
Streaking (Majirel) (Short Length)	1500	
(Medium Length)	2500	-
(Long Length)	3500	- 1
Rebonding (Short Length)	9000	-
(Medium Length)	11000	-
(Long Length)	14000	-
Smoothening (Short Length)	7500	-
(Medium Length)	9000	-
(Long Length)	11000	-
KeratinTreatment (Short Length)		-
(Medium Length)		-
(Long Length)	13000	-

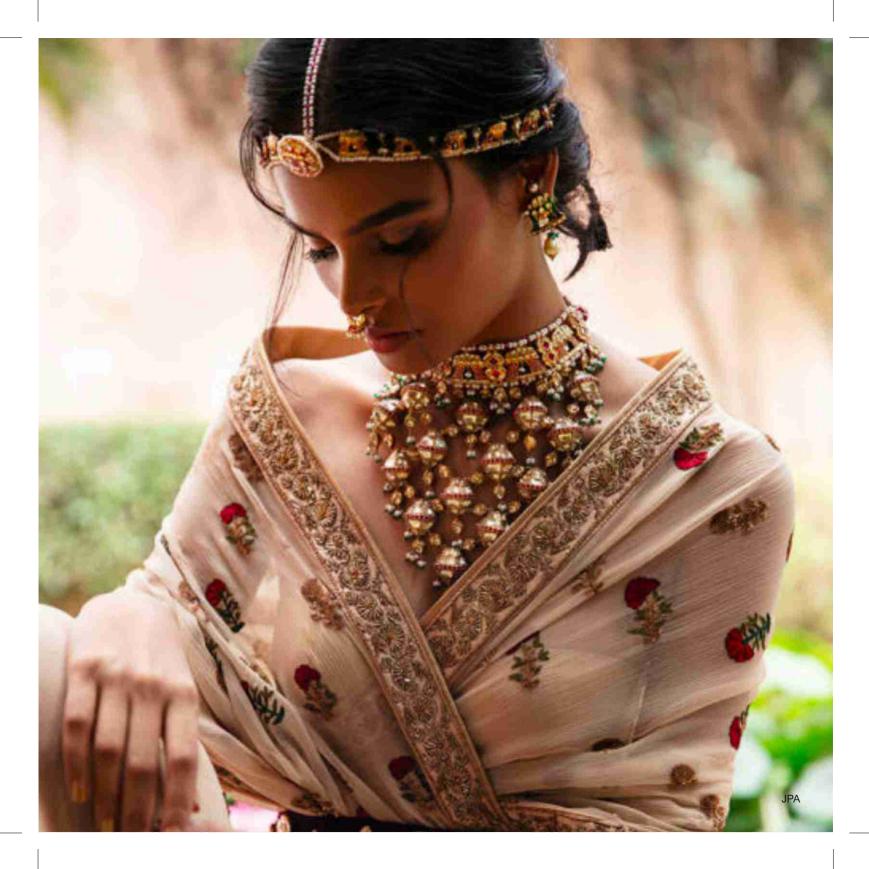
HAIR SPA	Ladies	Gentlemen
Kesh Abha. (55 Min.)	2450	2250
L'Oreal Hair Spa. (45 Min.)	2250	2050
A simple deep conditioningprocedure done	to smoo	then dry hair
& add		
lustre.		
Hair Spa Treatments (Short Length)	3250	2550
(Medium Length	) 9000	
(Long Length	) 11000	
A special ampoule/serum is used to treat a	specific	scalp or hair
problem like, dandruff, hair fall or dry dama	•	
PEDICURE/MANICURE		
Cut and File hands / feet 25	0	
	•	

cut anu i ne nanus / neet	250
Cut, File and Polish hands/ feet	450
Change of Polish hands / feet	250
Regular Pedicure	1500
Foot Spa	1750
Foot Reflexology	1550
Regular Manicure	950
Hand Spa	1450
Add On:	
Potli / Hot Herbal Compress	450
Heel Peel Treatment	1250

BLEACHING	Ladies	Gentlemen
Bleach Face and Neck	700	700
Face, Neck and Blouse line	800	-
Upper lip	250	1.2
Sides	350	
Underarms	300	e - 1
Half arms	600	750
Full arms / Half Legs	850	1000
Full legs	1050	1400
Feet	400	550
Full Back/ Front	850	1200
Body	2750	3500

# (Note)

Cost will vary with hair length and thickness. Please consult receptionbefore the service to know your exact cost.



# SALON RITUALS AND MEMBERSHIPS

SKIN CARE	Ladies	Gentlemen
THREADING		
Eyebrows / Sides	150	200
Upper lip /Forehead/Chin/Cheek	100	150
Full Face	450	-
WAXING		
Upper lip / Chin	250	-
Sides	250	
Face	650	650
Underarms	250	350
Half arms	450	600
Full arms / Half Legs	750	900
Full legs	1050	1200
Back/ Front (tillblouse line)	800	900
Abdomen	800	900
Brazilian	1550	
Full Waxing (Arms, legs & Underarms	s) 1550	1800
Body Waxing	2550	3200
(does not include Brazilian & Face wa	axing)	

#### WAXING (CHOCOLATE/ OIL BASED WAX)

Upper lip / Chin	250	
Sides	250	-
Face	900	1200
Underarms	400	550
Half arms	600	750
Full arms / Half Legs	1050	1250
Full legs	1550	2000
Back / Front (tillblouse line)	1050	1250
Abdomen	1050	1250
Brazilian	2050	-
Full Waxing (Arms, legs & Underarms)	2550	3200
Body Waxing	3550	3850
(does not include Brazilian & Face waxing)		

# Luxury Make over Package......6250

# Choose any four services

(Haircut, Chocolate Full Waxing, Head Massage, Face Bleach, Deluxe Facial (upto Rs. 3950), Hand Spa & Foot Spa, Henna) Complimentary Eyebrows & Upper lip Threading. Validity-One visit.

# **BRIDAL SERVICES**

# MAKE UP

**Engagement/ReceptionMake Up ......11000** Includes complete engagement Make-Up with Hair-Do, Saree/Dress Draping &Change of polish

Light Party Make Up5500
Includes light Make-Up with Hair-Do.

ADD ON: Airbrush/HD make	up with any makeup3500
Eye Make Up / Base	
Saree/Dress Draping	

# **MEMBERSHIPS**

Tamaya Roselle Membership\*.....20000 Rs. 25000/- worth of services from the Salon/ Spa menu. Can be availed by a maximum of two people. \*Validity - Six months.

# Tamaya Hibiscus Membership\*\*.....55000

Rs. 75000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 40,000/- worth of Spa Services). Can be availed by a maximum of two people.

# Tamaya Family Membership\*\*.....100000

Rs. 150000/- worth of services from the Salon/ Spa menu, (Minimum Rs. 75,000/- worth of Spa Services). Can be availed by a maximum of four people. \*\*Validity-One year.



Jaypee Palace hotel & ConventionCentre Fatehabad Rd, Tajganj, Agra, Uttar Pradesh - 282004 Phone: +91 562 233 0800 Spa Extn. : 2904



 DELHI. GURGAON. NOIDA. GHAZIABAD. GREATER NOIDA. ALIGARH. AGRA. BHARATPUR. GAYA. HARIDWAR.

 SHIMLA. MUSSOORIE
 JUNAGADH
 GOA
 LUSAKA, ZAMBIA
 MAURITIUS
 CRUISE SHIPS

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